



LEONARD J. SCUDERI, M.D., F.A.C.C.
Diplomate, American Board of Internal Medicine
CardioFit Medical Group, Inc.
PREVENTIVE CARDIOLOGY

Phone (310) 791-5577

23456 Hawthorne Blvd, Suite 250, Torrance, CA 90505

Fax (310) 791-5575

April 10, 2026

Dear Patient,

I am writing to share important information about an incident involving your health information. In January and/or February of this year, some of your protected health information was sent via email without encryption. We sincerely regret that this occurred and understand that news like this may be concerning.

While we have no reason to believe that your information was accessed or misused, we want to be transparent about what happened, offer our sincere apology, and explain the steps we have taken since discovering the issue on February 17, 2026.

The emails may have included certain information such as your name, demographic details, in very limited circumstances clinical information (including diagnosis), and insurance information. Please be assured that no Social Security numbers, bank account details, or credit card information were included.

Even though there is no indication of misuse, we understand that you may feel concerned. As a precaution, you may wish to monitor your financial accounts and credit reports. You can also place a fraud alert on your credit file, which helps to ensure that additional verification is performed before new credit is opened in your name. This does not affect your existing accounts but may make opening new accounts take a bit longer.

To place a fraud alert or request a free credit report, you can contact one of the three major credit reporting agencies:

- Equifax: (888) 766-0008 or www.fraudalert.equifax.com
- Experian: (888) 397-3742 or www.experian.com
- TransUnion: (800) 680-7289 or www.transunion.com

We take your privacy very seriously. After identifying this issue, we conducted a thorough review and have strengthened our procedures related to email encryption. We have also provided additional training to our staff to help prevent this from happening again.

If you would like more information, including details about what specific information may have been involved in your case, please contact our office's toll-free number at (888) 341-2513. We are here to answer your questions and support you.

We deeply regret this situation and any worry or inconvenience it may cause you. Thank you for your understanding and trust.

Sincerely,

Leonard J. Scuderi, M.D., F.A.C.C.